

SUN	MON	TUE	WED	THUR	FRI	SAT
		<u>MARCH BIRTHDAYS:</u> 1 - Jane Henry 2 - Linda Lee 9 - Tracy McVay 9 - Brendan Werner* 11 - Rosemary Mullen 16 - Marjorie Patch 28 - Peggy Serviss			9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 10:00 AM Kansas City Museum 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Ladies Tea (L) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM "90 Proof" social club (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Catholic Mass (T) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Birthday Mix and Mingle (L) 6:30 PM Rummikub (GR)	8 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Chair Volleyball (GF)
Beginning of Ramadan Daylight Savings Time Begins 10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:30 AM Shopping at Price Chopper 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 1:30 PM Resident Led Book Club (B) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Easter Bunny Nacklaces (L) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM Seamstress (L) 10:00 AM Catholic Word and Communion Service (T) 10:45 AM Juliet Luncheon (Nick and Jake's) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 10:00 AM Federal Reserve Bank of Kansas City - Money Museum 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	15 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Travelogue on Paris - City of Light (L)
St. Patrick's Day 10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:45 AM Mixed Luncheon (Outback Steakhouse) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:00 PM Activities Meeting (L) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Men's Pub Club (B) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 11:00 AM Beginner Mobility Stretch Class (GF) 11:00 AM Shopping at Kohl's 1:00 PM Resident Led Rosary (T) 1:00 PM Dining Meeting (B) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Catholic Word and Communion Service (T) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	8:30 AM Podiatrist 9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	22 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Chair Volleyball (GF)
Palm Sunday 10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Casino (Argosy) 9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 11:30 AM Easter Egg Coloring (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Town Hall Meeting (DR) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Catholic Word and Communion Service (T) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 12:00 PM Ice Cream Social (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Wills and Trust Workshop with Casey Connealy (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominoes (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:45 AM Easter Egg Hunt (L) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:45 AM Romeo Luncheon (Jasper's) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	Good Friday 9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 10:30 AM Shopping at Trader Joe's 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	29 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominoes (L) 3:00 PM Chair Volleyball (GF)
Easter 10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)			LOCATION KEY B - Bistro CR - Craft Room DR - Dining Room	GR - Game Room GF - Ground Floor L - Lounge T - Theatre		