

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY B - Bistro CR - Craft Room DR - Dining Room GR - Game Room GF - Ground Floor	L - Lounge T - Theatre	<u>FEBRUARY BIRTHDAYS:</u> 5 - David Mills 12 - Jackie Anderson 17 - Joyce DeHaven 17 - Erny Huelke 18 - Norma King		9:30 AM Hallway Exercise (1st Fl South) 9:30 AM Seamstress (L) 10:00 AM Catholic Word and Communion Service (T) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:00 PM Ice Cream Social (L) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	Groundhog Day 9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominos (L) 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:30 AM Shopping at Trader Joe's 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Ladies Tea (L) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM "90 Proof" social club (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominos (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Catholic Mass (T) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:45 AM Juliet Luncheon (Houlihans) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:00 PM Ice Cream Social (L) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Birthday Mix and Mingle (L) 6:30 PM Rummikub (GR)	Chinese New Year Lunar New Year 1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominos (L) 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 12:00 PM Decorating Cookies w/ Wendy (L) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 1:30 PM Resident Lead Book Club (B) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Wine Tasting w/ Jeff Griffith (L) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominos (L)	Valentine's Day 9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:00 AM Lakeview Blood Pressure Clinic (L) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Catholic Word and Communion Service (T) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:00 PM Ice Cream Social (L) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominos (L) 3:00 PM Travelogue (L)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	President's Day 9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 10:30 AM Claude Monet / Evelyn Hofer Featured Exhibitions (Nelson Atkins Museum of Art) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 1:00 PM Resident Led Rosary (T) 1:00 PM Activities Meeting (L) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 3:00 PM Men's Pub Club (B) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominos (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:30 AM Shopping at HyVee 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM Seamstress (L) 10:00 AM Catholic Word and Communion Service (T) 10:45 AM Romeo Luncheon (KMacho's) 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:00 PM Ice Cream Social (L) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 10:00 AM Color Me Calm (CR) 11:00 AM Chair Yoga (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Beginner Balance Class (GF) 3:00 PM Mix and Mingle (L) 6:30 PM Rummikub (GR)	1:00 PM Resident Led Rosary (T) 1:00 PM Mexican Train Dominos (L) 3:00 PM Chair Volleyball (GF)
10:30 AM Church Services with Reverend Dr. Hylton M. Turner (T) 1:00 PM Resident Led Rosary (T) 2:00 PM Spinner Game (GR)	9:30 AM Casino (Hollywood) 9:30 AM Energizing Yoga (GF) 9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Morning News (CR) 11:00 AM Rock n' Band (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Pilates Fusion (GF) 2:00 PM Town Hall Meeting (DR) 3:00 PM Bingo (L) 6:30 PM Rummikub (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Trivia Tuesday (CR) 11:00 AM Body weight Balance and Core (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Senior Strong (GF) 2:15 PM Chair Volleyball (GF) 6:30 PM Bridge (B) 6:30 PM Mexican Train Dominos (L)	9:30 AM Hallway Exercise (1st Fl South) 9:30 AM HUR Fitness (Gym) 9:30 AM Craft Time (CR) 10:45 AM Mixed Luncheon (Mi Ranchito) 11:00 AM Beginner Mobility Stretch Class (GF) 1:00 PM Resident Led Rosary (T) 1:30 PM Chair Yoga (GF) 1:30 PM Bible Study with Pete (L) 3:00 PM Bingo (L) 4:15 PM Resident Led Happy Hour (L) 6:30 PM Spinner Game (GR)	9:30 AM Hallway Exercise (1st Fl South) 10:00 AM Catholic Word and Communion Service (T) 10:30 AM Shopping at Walmart 11:00 AM HUR Fitness (Gym) 1:00 PM Resident Led Rosary (T) 1:30 PM Body weight Balance and Core (GF) 2:00 PM Ice Cream Social (L) 2:15 PM Chair Volleyball (GF) 3:00 PM Bingo (L)		