

June 2022

FC Fitness Camp

RL Resident Led

SR Sign-Up Required

CR Craft Room

DR Dining Room

L Lounge

LS Library Sc

T Theatre

Exercise (

L Lounge † Church Service

LS Library South

red T Theatre

Exercise Class

If Lunch Outing

					DR Dining Room	ff Lunch Outing
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Birthdays 8th Janet Henley 14th John Duff 20th Mary Kacirek 20th Margret Wichman	Employee Birthdays 11th Ann Terrell 13th Roger Browning 21st Tamekia Cooperwood 21st Alexa Patricio	helle	Royals @ CLE 12:10 9:30 GR Craft Time 9:30 RL Hallway Exercise 1st FI South 9:30 FG HUR Fitness ← 10:00 GR Brain Games (GR) 11:00 FG Beginner Mobility (Flexibility) ← 11:30 FG Dance Class with Harrison 1:00 FR Rosary 1:30 FG Chair Yoga ← 3:00 FG Chair Yoga ← 3:00 FR Bingo 4:15 FR Resident-Led Happy Hour BYOB 6:30 FR Spinner Game	9:30 RL Hallway Exercise 1st Fl South 10:00 SR Outing to Loose Park Rose Gardens w/ Lunch at Red Door Grill A 11:00 FC HUR Fitness H 1:00 Rosary 1:30 FC Bodyweight Balance & Core H 2:00 I Ice Cream Social 2:15 FC Cnair Volleyball H 3:00 Bingo	9:30 RL Hallway Exercise 1st Fl South 9:30 FC HUR Fitness 4-1	Royals V. HOU 3:10 1:00 RL Mexican Train Dominoes 1:00 T Rosary 2:00 RL Pictionary Game (GR) 5:30 RL Game Night 6:00 RL Group UNO
Royals V. HOU 1:10 5 10:30 T Church Service with Reverend Dr. Hylton M. Turner (T) † 1:00 T Rosary 2:00 L Spinner Game 4:00 RL Card Games (L)	9:30 FC Energizing Yoga 🕩 9:30 RL Hallway Exercise 1st Fl South	Royals V. TOR 7:10 7 9:30 RL Hallway Exercise 1st FI South 10:00 CR Trivia Tuesday 11:00 FC Bodyweight Balance & Core + 1:00 T Rosary 1:30 FC Senior Strong + 2:15 FC Chair Volleyball + 3:00 L Resident Group "90 Proof" 90 and Older 6:30 L Bridge/Mexican Train Dominos	Royals V. TOR 1:10 9:30 GR Craft Time 9:30 RL Hallway Exercise 1st FI South 9:30 HUR Fitness ↔ 10:00 GR Brain Games (GR) 11:00 GR Beginner Mobility (Flexibility) ↔ 12:30 Resident Activity Meeting 1:00 Resary 1:30 Bible Study with Pete 1:30 Chair Yoga ↔ 3:00 Bingo 4:15 Resident-Led Happy Hour BYOB 6:30 Spinner Game	8 Royals V. BAL 7:10 9:30 AL Hallway Exercise 1st FI South 10:45 SF Juliet Lunch at Anthony's (Plaza) 11:00 FO HUR Fitness H 1:00 Rosary 1:30 FO Bodyweight Balance & Core H 2:00 I Ice Cream Social 2:15 FO Chair Volleyball H 3:00 Bingo	9.30 RL Hallway Exercise 1st FI South 9:30 FO HUR Fitness ++ 10:00 GR Color Me Calm 11:00 FO Chair Yoga ++ 1:00 FO Rosary 1:30 FO Beginner Balance Class ++	Royals V. BAL 3:10 1:00 RL Mexican Train Dominoes 1:00 T Rosary 2:00 RL Pictionary Game (GR) 5:30 RL Game Night 6:00 RL Group UNO 6:30 L Bunco
Royals V. BAL 1:10 12 10:30 T Church Service with Reverend Dr. Hylton M. Turner (T)† 1:00 T Rosary 2:00 L Spinner Game 4:00 RL Card Games (L)	Royals V. SF 8:45 9:30 Fo Energizing Yoga ++ 9:30 Fl Hallway Exercise 1st Fl South 10:00 Fl Coffee/Cocoa & Current Events 11:00 Fl Rock n' Band ++ 11:00 Fl Shopping at Trader Joe's Fl:00 Fl KC Symphony Performs 1:00 Fl Rosary 1:30 Fo Pilates Fusion ++ 3:00 Fl Bingo 6:30 Rummikub	Royals @ SF 8:45 9:30 RL Hallway Exercise 1st FI South 10:00 CR Trivia Tuesday 11:00 Bodyweight Balance & Core + 11:00 SR Shopping at Hy-Vee R 1:00 Residents' Book Club 1:00 Rosary 1:30 Residents' Tea w/ Addington Place 1:30 Senior Strong + + 2:15 Chair Volleyball + 6 6:30 Bridge/Mexican Train Dominos	Royals @ SF 2:45 9:30 GRI Craft Time 9:30 GRI Haliway Exercise 1st FI South 9:30 GRI Craft Times 9:30 GRI	9:00 SR Argosy Casino SP 9:30 RL Hallway Exercise 1st Fl South 11:00 SR Father's Day BBQ; Please sign up for a head count 11:00 FC HUR Fitness H 1:00 FC Rosary 1:30 FC Bodyweight Balance & Core H 2:00 FC Chair Volleyball H 3:00 FC Bingo	9:30 RL Hallway Exercise 1st Fl South 9:30 FC HUR Fitness 4-1	Royals @ OAK 3:07 18 1:00 RL Mexican Train
Father's Day; Royals @ OAK 19 3:07 10:30 T Church Service with Reverend Dr. Hylton M. Turner (T) † 1:00 T Rosary 2:00 L Spinner Game 4:00 RL Card Games (L)		Royals @ LAA 8:38 21 9:30 RL Hallway Exercise 1st Fl South 10:00 Ch Trivia Tuesday 11:00 FO Bodyweight Balance & Core 1:00 Rosary 1:30 FO Senior Strong 1:00 Senior Strong 1:00 Chair Volleyball 1:00 Community Art Group - Bring Your Preferred Medium 6:30 Bridge/Mexican Train Dominos		*	Royals V. OAK 7:10 24 9:30 RL Hallway Exercise 1st FI South 9:30 FC HUR Fitness	6.00 RL Gloup ONO
Royals V. OAK 1:10 26 10:30 T Church Service with Reverend Dr. Hylton M. Turner (T) † 1:00 T Rosary 2:00 Spinner Game 4:00 RL Card Games (L)	9:30 FC Energizing Yoga ↔ 9:30 RL Hallway Exercise 1st FI South	Royals V. TEX 7:10 9:30 RL Hallway Exercise 1st FI South 10:00 CR Trivia Tuesday 10:45 SR Lunch at Holy Land Cafét¹ 11:00 FC Bodyweight Balance & Core ← 1:00 FC Senior Strong ← 2:15 FC Chair Volleyball ← 3:00 L Travelogue with Fred Hartman - San Diego Pt. 2 6:30 Bridge/Mexican Train Dominos	Royals V. TEX 1:10 9:30	9:30 RL Hallway Exercise 1st Fl South 10:00 SR Outing to Lakeside Nature Center - Small Donations Welcome 11:00 FC HUR Fitness + 1:00 FC Bodyweight Balance & Core + 2:00 L Ice Cream Social 2:15 FC Chair Volleyball + 3:00 Bingo	Happy Day! Father's Day!	Thursday June 16; 11:00 - 1:00 Father's Day BBQ