

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Dog Days of Summer July 3 - Aug 11</b> 	<b>STAY HYDRATED!</b> 	<b>Resident July Birthdays</b> 1st Betty Frantz 9th Esther Viveros 15th Loren Scott 24th Al Schneider	<b>Staff July Birthdays</b> 8th Regina Fuentes 8th Ciara Reyes 19th Mike Mills 25th Anthony Ferrara	<b>Royals V. DET 6:10</b> 1 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>L</b> "Navigating Healthcare" w/ KC Hospice 10:00 <b>CR</b> Color Me Calm 11:00 <b>L</b> Brown Family Farms - Live Animals 11:00 <b>FC</b> Chair Yoga ↔ 1:30 <b>FC</b> Beginner Balance Class ↔ 3:00 <b>L</b> Wine Mix & Mingle Sponsored by KC Hospice w/ Inna Daniels Performing 6:30 Rummikub	<b>Royals V. DET 3:10</b> 2 1:00 <b>RL</b> Mexican Train Dominoes 2:00 <b>RL</b> Pictionary Game (GR) 5:30 <b>RL</b> Game Night 6:00 <b>RL</b> Group UNO
<b>Royals V. DET 12:10</b> 3 10:30 <b>T</b> Church Service with Reverend Dr. Hylton M. Turner (T) † 2:00 <b>L</b> Spinner Game 4:00 <b>RL</b> Card Games (L)	<b>Independence Day; Royals V. HOU 3:10</b> 4 9:30 <b>FC</b> Energizing Yoga ↔ 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Coffee/Cocoa & Current Events 11:00 <b>A</b> <b>No Walmart due to holiday!</b> 11:00 <b>DR</b> Independence Day Trivia - self-led handout 11:00 <b>FC</b> Rock n' Band ↔ 1:30 <b>FC</b> Pilates Fusion ↔ 3:00 <b>L</b> Bingo	<b>Royals V. HOU 7:10</b> 5 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Trivia Tuesday 1:30 <b>FC</b> Senior Strong ↔ 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Resident Group "90 Proof" 90 and Older 6:30 <b>L</b> Bridge/Mexican Train Dominos	<b>Royals V. HOU 7:10</b> 6 9:30 <b>CR</b> Craft Time 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Brain Games (GR) 11:00 <b>FC</b> Beginner Mobility (Flexibility) ↔ 1:30 <b>L</b> Bible Study with Pete 1:30 <b>FC</b> Chair Yoga ↔ 3:00 <b>L</b> Bingo 4:15 <b>L</b> Resident-Led Happy Hour BYOB 6:30 <b>L</b> Spinner Game	<b>Royals V. HOU 1:10</b> 7 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>SF</b> Lunch Outing to JJ's on the Plaza ☞ 11:00 <b>FC</b> HUR Fitness ↔ 1:30 <b>FC</b> Bodyweight Balance & Core ↔ 2:00 <b>L</b> Ice Cream Social 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Bingo	<b>Royals V. CLE 7:10</b> 8 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Color Me Calm 11:00 <b>FC</b> Chair Yoga ↔ 1:30 <b>FC</b> Beginner Balance Class ↔ 3:00 <b>L</b> Wine Mix & Mingle & Birthday Celebration/ sponsored by The Key w/ Pianist Performing 6:30 Rummikub	<b>Royals V. CLE 3:10</b> 9 1:00 <b>RL</b> Mexican Train Dominoes 2:00 <b>RL</b> Pictionary Game (GR) 5:30 <b>RL</b> Game Night 5:30 <b>L</b> Resident Led Dinner 6:00 <b>RL</b> Group UNO 6:30 <b>L</b> Bunco
<b>Royals V. CLE 1:10</b> 10 10:30 <b>T</b> Church Service with Reverend Dr. Hylton M. Turner (T) † 2:00 <b>L</b> Spinner Game 4:00 <b>RL</b> Card Games (L)	<b>Royals V. DET 7:10</b> 11 9:30 <b>FC</b> Energizing Yoga ↔ 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Coffee/Cocoa & Current Events 11:00 <b>DR</b> Independence Day Trivia - self-led handout 11:00 <b>FC</b> Rock n' Band ↔ 11:00 <b>SR</b> Shopping at Walmart ☞ 12:30 <b>L</b> Melon Bar - come try samples! 1:30 <b>FC</b> Pilates Fusion ↔ 3:00 <b>L</b> Bingo	<b>Royals V. DET 7:10</b> 12 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Trivia Tuesday 10:30 <b>SR</b> July Portraits by Jim Roberts 1:00 <b>LS</b> Residents' Book Club 1:30 <b>L</b> Ladies' Tea w/ Addington Place 1:30 <b>FC</b> Senior Strong ↔ 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>SR</b> Welstone Pub Trivia - Teams Needed 6:30 <b>L</b> Bridge/Mexican Train Dominos	<b>Royals V. DET 1:10</b> 13 9:30 <b>CR</b> Craft Time 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Brain Games (GR) 11:00 <b>FC</b> Beginner Mobility (Flexibility) ↔ 11:30 <b>FC</b> Dance Class with Harrison 12:30 <b>L</b> Resident Activity Meeting 1:30 <b>L</b> Bible Study with Pete 1:30 <b>FC</b> Chair Yoga ↔ 3:00 <b>L</b> Bingo 4:15 <b>L</b> Resident-Led Happy Hour BYOB 6:30 <b>L</b> Spinner Game	<b>Royals V. TOR 6:07</b> 14 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:45 <b>SR</b> Juliet Lunch at Houlihan's ☞ 11:00 <b>FC</b> HUR Fitness ↔ 1:30 <b>FC</b> Bodyweight Balance & Core ↔ 2:00 <b>L</b> Ice Cream Social 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Bingo	<b>Royals V. TOR 6:07</b> 15 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Color Me Calm 11:00 <b>FC</b> Chair Yoga ↔ 1:30 <b>FC</b> Beginner Balance Class ↔ 3:00 <b>T</b> Wine Mix & Mingle sponsored by Lakeview Village w/ Steve Kakacek 6:30 Rummikub	<b>Royals V. TOR 2:07</b> 16 1:00 <b>RL</b> Mexican Train Dominoes 2:00 <b>RL</b> Pictionary Game (GR) 5:30 <b>RL</b> Game Night 6:00 <b>RL</b> Group UNO
<b>Royals V. TOR 12:07</b> 17 10:30 <b>T</b> Church Service with Reverend Dr. Hylton M. Turner (T) † 2:00 <b>L</b> Spinner Game 4:00 <b>RL</b> Card Games (L)	<b>Royals V. TOR 12:07</b> 18 9:30 <b>FC</b> Energizing Yoga ↔ 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Coffee/Cocoa & Current Events 11:00 <b>DR</b> Independence Day Trivia - self-led handout 11:00 <b>FC</b> Rock n' Band ↔ 11:00 <b>SR</b> Shopping at Trader Joe's ☞ 1:30 <b>FC</b> Pilates Fusion ↔ 3:00 <b>L</b> Bingo	<b>Royals V. TOR 12:07</b> 19 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Trivia Tuesday 11:00 <b>SR</b> Shopping at Hy-Vee ☞ 1:30 <b>FC</b> Senior Strong ↔ 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Blessing of the "Beasis" for the Dog Days of Summer 6:30 <b>L</b> Bridge/Mexican Train Dominos	<b>Royals V. TOR 12:07</b> 20 9:30 <b>CR</b> Craft Time 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Brain Games (GR) 11:00 <b>FC</b> Beginner Mobility (Flexibility) ↔ 1:00 <b>DR</b> Resident Dining Meeting 1:30 <b>L</b> Bible Study with Pete 1:30 <b>FC</b> Chair Yoga ↔ 3:00 <b>L</b> Bingo 4:15 <b>L</b> Resident-Led Happy Hour BYOB 6:30 <b>L</b> Spinner Game	<b>Royals V. TOR 12:07</b> 21 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>SR</b> Argosy Casino ☞ 11:00 <b>FC</b> HUR Fitness ↔ 1:30 <b>FC</b> Bodyweight Balance & Core ↔ 2:00 <b>L</b> Ice Cream Social 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Bingo	<b>Royals V. TB 7:10</b> 22 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Color Me Calm 11:00 <b>FC</b> Chair Yoga ↔ 1:30 <b>FC</b> Beginner Balance Class ↔ 2:00 <b>SR</b> Smoothies & Nutrition Presentation 3:00 <b>L</b> Wine Mix & Mingle sponsored by Reflections Senior Living w/ Joey DeFio Show 6:30 Rummikub	<b>Royals V. TB 6:10</b> 23 1:00 <b>RL</b> Mexican Train Dominoes 2:00 <b>RL</b> Pictionary Game (GR) 5:30 <b>RL</b> Game Night 6:00 <b>RL</b> Group UNO 6:30 <b>L</b> Bunco
<b>Royals V. TB 1:10</b> 24 10:30 <b>T</b> Church Service with Reverend Dr. Hylton M. Turner (T) † 2:00 <b>L</b> Spinner Game 4:00 <b>RL</b> Card Games (L)	<b>Royals V. LAA 7:10</b> 25 9:30 <b>FC</b> Energizing Yoga ↔ 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>CR</b> Coffee/Cocoa & Current Events 11:00 <b>DR</b> Independence Day Trivia - self-led handout 11:00 <b>FC</b> Rock n' Band ↔ 11:00 <b>SR</b> Shopping at Walmart ☞ 1:30 <b>FC</b> Pilates Fusion ↔ 2:00 <b>DR</b> Town Hall Meeting 3:00 <b>L</b> Bingo	<b>Royals V. LAA 7:10</b> 26 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>SR</b> Outing to Nerman Museum and Garozzo's Overland Park ☞ 10:00 <b>CR</b> Trivia Tuesday 1:30 <b>FC</b> Senior Strong ↔ 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Travelogue with Fred Hartman 6:30 <b>L</b> Bridge/Mexican Train Dominos	<b>Royals V. LAA 1:10</b> 27 9:30 <b>CR</b> Craft Time 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Brain Games (GR) 11:00 <b>FC</b> Beginner Mobility (Flexibility) ↔ 11:30 <b>L</b> Dance Class with Harrison 1:30 <b>L</b> Bible Study with Pete 1:30 <b>FC</b> Chair Yoga ↔ 3:00 <b>L</b> Bingo 4:15 <b>L</b> Resident-Led Happy Hour BYOB 6:30 <b>L</b> Spinner Game	<b>Royals V. NYN 6:05</b> 28 9:30 <b>RL</b> Hallway Exercise 1st FI South 10:00 <b>L</b> Blood Pressure Clinic w/ The Key 10:45 <b>SR</b> Romeo Lunch at Cracker Barrel ☞ 11:00 <b>FC</b> HUR Fitness ↔ 1:30 <b>FC</b> Bodyweight Balance & Core ↔ 2:00 <b>L</b> Ice Cream Social 2:15 <b>FC</b> Chair Volleyball ↔ 3:00 <b>L</b> Bingo	<b>Royals V. NYN 6:05</b> 29 9:30 <b>RL</b> Hallway Exercise 1st FI South 9:30 <b>FC</b> HUR Fitness ↔ 10:00 <b>CR</b> Color Me Calm 11:00 <b>FC</b> Chair Yoga ↔ 1:30 <b>FC</b> Beginner Balance Class ↔ 3:00 <b>L</b> Wine Mix & Mingle with Bob Cohen performing 6:30 Rummikub	<b>Royals V. NYN TBA</b> 30 1:00 <b>RL</b> Mexican Train Dominoes 2:00 <b>RL</b> Pictionary Game (GR) 5:30 <b>RL</b> Game Night 5:30 <b>L</b> Resident Led Dinner 6:00 <b>RL</b> Group UNO
<b>Royals V. NYN 12:05</b> 31 10:30 <b>T</b> Church Service with Reverend Dr. Hylton M. Turner (T) † 2:00 <b>L</b> Spinner Game 4:00 <b>RL</b> Card Games (L)	<b>Royals V. NYN 12:05</b> 31 11:00 <b>FC</b> Rock n' Band ↔ 11:00 <b>SR</b> Shopping at Walmart ☞ 1:30 <b>FC</b> Pilates Fusion ↔ 2:00 <b>DR</b> Town Hall Meeting 3:00 <b>L</b> Bingo					