

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Key: Craft Room = (CR) Dining Room = (DR) Fitness Classes W/ Anasha = Fit Camp = (FC) Game Room = (GR) Ground Floor = (GF) Library South = (LS) Lounge = (L) Resident Lead = Sign Up Required = Theatre = (T)

Birthdays (Employees*) July 2021

Bob Livingston 1st *Wesley Sterbach 7th *Regina Fuentes 8th *Ciara Reyes 8th Esther Viveros 9th
Loren Scott 15th *Mike Mills 19th
*Tony Fuentes-Guerra 21st *Maria Ramirez 24th Pat Livingston 24th Al Schneider 24th

<p>4</p> <p>Fit Camp Open 10:30am Church Services with communion /Reverend Dr. Hylton M. Turner (T) 1:10pm Royals vs Twins (T) 4:00pm Card Games (L)</p> <p>Independence Day (US)</p>	<p>5</p> <p>OFFICE CLOSED</p> <p>9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 1:00pm Rosary (T) 6:30pm Game Night</p>	<p>6</p> <p>9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Trivia Tuesday (CR) 10:45am JULIET Lunch @ Longhorn Steakhouse Sign UP 11:00am Bodyweight Balance & Core W/Anasha (GF) 1:00pm UNO (GR) 1:00pm Rosary (T) 1:30pm Senior Strong W/Anasha (GF) 2:15pm Chair Volleyball (GF) 6:30pm Bridge (GR) 6:30pm Mexican Train Dominoes (L)</p>	<p>7</p> <p>Wacky Wednesday Wear All Things Patriotic 9:00am Shopping @ Dillard's Clearance Center/ Lunch in St. Joseph, MO Sign UP 9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Walkin' & Rollin' meet in lobby 10:00am Brain Games (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman (GR) 1:00pm Rosary (T) 1:30pm Chair Yoga (GF) 3:00pm BINGO 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents Choice (T) 6:30pm Game Night (GR)</p>	<p>8</p> <p>9:30am Hallway Exercise 1st FL South 9:30-11:30am Craft Time (CR) 10:00am Hallway Exercise 2nd FL North 11:00am HUR Fitness W/Anasha (FC) 10:45am ROMEO lunch @ Johnny Cascone's Sign UP 12:30pm BINGO (L) 1:00pm Rosary (T) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:00pm Netflix Movie "Mr. Pig" (T) 2:15pm Chair Volleyball (GF) 6:30pm Bible Study (L) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T)</p>	<p>9</p> <p>9:00am-12:00pm Argosy Casino Sign UP 9:30am HUR Fitness W/Anasha (FC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Color Me Calm (CR) 11:00am Chair Yoga (GF) 1:00pm Rosary (T) 1:30pm Mindful Movement W/Anasha (GF) 3:00pm Wine Time/ Mix & Mingle/ June Birthdays w/Entertainment (L) 6:30pm Game Night (L)</p>	<p>10</p> <p>Fit Camp Open 11:00am Games w/Gina (L) 1:00pm Mexican Train Dominoes (L) 5:10pm Royals vs Indians (T) 5:30pm Shanghai Game (GR)</p>
<p>11</p> <p>Fit Camp Open 10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 12:10pm Royals vs Indians (T) 4:00pm Card Games (L)</p>	<p>12</p> <p>9:30am Energizing Yoga W/Anasha (GF) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Coffee/Cocoa & Current Events (CR) 11:00am Rock 'n Band W/Anasha (GF) 11:00am Shopping at Trader Joe's Sign UP 1:00pm Rosary (T) 1:00pm Resident Activity Meeting (L) 1:30pm Pilates Fusion W/Anasha (GF) 3:00pm BINGO (L) 3:00pm Hallmark Channel Resident Choice (T) 6:30pm Game Night</p>	<p>13</p> <p>9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Trivia Tuesday (CR) 10:00am Right At Home Blood Pressure Clinic (L) 11:00am Bodyweight Balance & Core W/Anasha (GF) 1:00pm UNO (GR) 1:00pm Resident Lead Book Club (2nd FLS) 1:00pm Rosary (T) 1:30pm Senior Strong W/Anasha (GF) 2:15pm Chair Volleyball (GF) 3:00pm Chat and Chew/ All things Red White & Blue & Discussion on What America Means to Me Sign UP(L) 6:30pm Bridge (GR) 6:30pm Mexican Train Dominoes (L)</p>	<p>14</p> <p>9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Walkin' & Rollin' meet in lobby 10:00am Brain Games (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman (GR) 1:00pm Fred Hartman Travelogue "Kansas-The Sunflower State" Sign UP (L) 1:00pm Rosary (T) 1:30pm Chair Yoga (GF) 3:00pm BINGO (L) 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents Choice (T) 6:30pm Game Night (GR)</p>	<p>15</p> <p>9:30am Hallway Exercise 1st FL South 9:30-11:30am Craft Time (CR) 10:00am Make Gratitude Cards for Welstone Veterans (CR) 10:00am Hallway Exercise 2nd FL North 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO (L) 1:00pm Rosary (T) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:15pm Chair Volleyball (GF) 2:30pm Ladies Tea Sign UP (L) 6:30pm Bible Study (L) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T)</p>	<p>16</p> <p>9:30am HUR Fitness W/Anasha (FC) 10:30am Lunch at Bristol Seafood Grill Sign UP 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Color Me Calm (CR) 11:00am Chair Yoga (GF) 1:00pm Rosary (T) 1:30pm Mindful Movement W/Anasha (GF) 3:00pm Wine Time /Mix & Mingle (L) 6:30pm Game Night (L)</p>	<p>17</p> <p>Fit Camp Open 11:00am Games w/Gina (L) 1:00pm Mexican Train Dominoes (L) 4:00pm Welstone Family Picnic Sign UP 5:30pm Shanghai Game (GR)</p>
<p>18</p> <p>Fit Camp Open 10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 1:10pm Royals vs Orioles (T) 4:00pm Card Games (L)</p>	<p>19</p> <p>9:30am Energizing Yoga W/Anasha (GF) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Coffee/Cocoa & Current Events (CR) 11:00am Rock 'n Band W/Anasha (GF) 11:00am Shopping at Walmart Sign UP 1:00pm Rosary (T) 1:30pm Pilates Fusion W/Anasha (GF) 3:00pm BINGO (L) 3:00pm Hallmark Channel Resident Choice (T) 6:30pm Game Night</p>	<p>20</p> <p>9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Trivia Tuesday/ All Things America (CR) 11:00am Bodyweight Balance & Core W/Anasha (GF) 11:00am Shopping at HyVee Sign UP 1:00pm UNO (GR) 1:00pm Rosary (T) 1:30pm Senior Strong W/Anasha (GF) 2:00pm Town Hall Meeting (DR) 2:15pm Chair Volleyball (GF) 6:30pm Bridge (GR) 6:30pm Mexican Train Dominoes (L)</p>	<p>21</p> <p>9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Walkin' & Rollin' meet in lobby 10:00am Mystery Trip/ Lunch Sign UP 10:00am Brain Games (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman (GR) 1:00pm Rosary (T) 1:30pm Chair Yoga (GF) 3:00pm BINGO (L) 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents Choice (T) 6:30pm Game Night (GR)</p>	<p>22</p> <p>9:30am Hallway Exercise 1st FL South 9:30-11:30am Craft Time (CR) 10:00am Hallway Exercise 2nd FL North 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO (L) 1:00pm Rosary (T) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:15pm Chair Volleyball (GF) 2:30pm Welstone Men's Pub Club Sign UP (L) 6:30pm Bible Study (L) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T)</p>	<p>23</p> <p>Name Tag Day 9:30am Breakfast at The Big Biscuit Sign UP 9:30am HUR Fitness W/Anasha (FC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Color Me Calm (CR) 11:00am Chair Yoga (GF) 1:00pm Rosary (T) 1:30pm Mindful Movement W/Anasha (GF) 3:00pm Wine Time /Mix & Mingle/Sponsored by Lakeview Village (L) 6:30pm Game Night (L)</p>	<p>24</p> <p>Fit Camp Open 11:00am Games w/Gina (L) 1:00pm Mexican Train Dominoes (L) 5:30pm Shanghai Game (GR) 6:10pm Royals vs Orioles (T)</p>
<p>25</p> <p>Fit Camp Open 10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 1:10pm Royals vs Tigers (T) 4:00pm Card Games (L)</p>	<p>26</p> <p>9:30am Energizing Yoga W/Anasha (GF) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Coffee/Cocoa & Current Events (CR) 11:00am Rock 'n Band W/Anasha (GF) 11:00am Shopping at Kohls Sign UP 1:00pm Rosary (T) 1:30pm Pilates Fusion W/Anasha (GF) 3:00pm BINGO (L) 3:00pm Hallmark Channel Resident Choice (T) 6:30pm Game Night</p>	<p>27</p> <p>9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Trivia Tuesday (CR) 11:00am Bodyweight Balance & Core W/Anasha (GF) 1:00pm UNO (GR) 1:00pm Rosary (T) 1:30pm Senior Strong W/Anasha (GF) 2:00pm Ice Cream Truck Outside The Welstone Sign UP 2:15pm Chair Volleyball (GF) 6:30pm Bridge (GR) 6:30pm Mexican Train Dominoes (L)</p>	<p>28</p> <p>9:30am Trip to Johnson County Museum Sign UP 9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Walkin' & Rollin' meet in lobby 10:00am Brain Games (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman (GR) 1:00pm Rosary (T) 1:30pm Chair Yoga (GF) 3:00pm BINGO (L) 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents Choice (T) 6:30pm Game Night (GR)</p>	<p>29</p> <p>9:30am Hallway Exercise 1st FL South 9:30-11:30am Craft Time (CR) 10:00am Hallway Exercise 2nd FL North 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO (L) 1:00pm Rosary (T) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:00pm Netflix Movie "Mr. Pig" (T) 2:15pm Chair Volleyball (GF) 6:30pm Bible Study (L) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T)</p>	<p>30</p> <p>9:30am HUR Fitness W/Anasha (FC) 9:30am Hallway Exercise 1st FL South 10:00am Hallway Exercise 2nd FL North 10:00am Color Me Calm (CR) 11:00am Lunch at Firehouse Subs Sign UP 11:00am Chair Yoga (GF) 1:00pm Rosary (T) 1:30pm Mindful Movement W/Anasha (GF) 3:00pm Wine Time /Mix & Mingle/ Sponsored by Lakeview Village(L) 6:30pm Game Night (L)</p>	<p>31</p> <p>Fit Camp Open 11:00am Games w/Gina (L) 1:00pm Mexican Train Dominoes (L) 2:07pm Royals vs Blue Jays(T) 5:30pm Shanghai Game (GR) 6:10pm Royals vs Tigers (T)</p>

The Community reserves the right to modify the contents of this activity calendar at any time without notice.