Apr1l 2021				9:30-11:30am Craft Time Sign Up (CR) 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:30am Resident Lead Book Club (LS) 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO Sign Up (L) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Chair Volleyball (GF) 3:00pm Thirsty Thursday W/Margaritas (L) 6:30pm Joker (GR)	10:00am Color Me Calm/ Sign Up (CR) 11:00am Chair Yoga (GF) 12:30pm Netflix Movie Resident Choice (T) 1:00 Card Games Sign Up (GR) 1:30pm Mindful Movement W/Anasha (GF) 2:30pm Rosary (T)	2 1:00pm Mexican Train Dominoes (GR) 1:30pm Card Games (L) 2:10pm Royals vs Texas Rangers (T) 5:30pm Shanghai Game (GR)
10:30am Church Services with communion Reverend Dr. Hylton M. Turner (T) 2:10pm Royals vs Rangers (T) 4:00pm Card Games (L) Easter Sunday	9:30am Energizing Yoga W/Anasha (GF) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Coffee/Cocoa & Current Events Sign Up (CR) 11:30pm Pilates Fusion W/Anasha (GF) 2:15pm Walk Across America Activity w/ Anasha & Kathy Meet in Lounge 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L) 4:10pm Royals vs Cleveland Indians (T) 6:30pm Game Night (GR)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Trivia Tuesday w/prizes Sign Up (CR) 11:00am Bodyweight Balance & Core W/Anasha (GF) 12:30pm Netflix Movie Resident Choice (T) 1:00pm UNO Sign Up (GR) 1:30pm Senior Strong W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Chat and Chew (L) 3:00pm Volleyball (GF) 6:30pm Bridge (GR) 6:30pm Mexican Train Dominoes (CR)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Brain Games Sign Up (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman Sign Up (GR) 1:30pm Chair Yoga (GF) 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L) 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents Choice (T) 6:30pm Game Night (GR)	8 9:30am Hallway Exercise 1 <sup>st</sup> FL South 9:30-11:30am Craft Time Sign Up (CR) 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO Sign Up (L) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:30pm Ladies Tea Sign Up (L) 2:30pm Rosary (T) 3:00pm Chair Volleyball (GF) 4:10pm Royals vs White Sox (T) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T)	9:30am HUR Fitness W/Anasha (FC) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Color Me Calm/ Sign Up (CR) 11:00am Chair Yoga GF) 12:30pm Netflix Movie Worn Stories Sign Up (T) 1:00 Card Games Sign Up (GR) 1:30pm Mindful Movement W/Anasha (GF)) 2:30pm Rosary (T) 3:00pm Wine Time Mix and Mingle & February Birthdays sponsored by Lakeview Village (L) 6:30pm Game Night (L)	1:00pm Mexican Train Dominoes (GR) 1:30pm Card Games (L) 2:10pm Royals vs White Sox (T) 5:30pm Shanghai Game (GR)
10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 2:10pm Royals vs White Sox (T) 4:00pm Card Games (L)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Coffee/Cocoa & Current Events Sign Up (CR) 11:00am Rock 'n Band W/Anasha (GF) 1:30pm Pilates Fusion W/Anasha (GF) 2:15pm Walk Across America Activity w/	11:00am Bodyweight Balance & Core W/Anasha (GF) 12:30pm Netflix Movie Moxie Sign Up (T) 1:00pm UNO Sign Up (GR) 1:30pm Senior Strong W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Volleyball (GF) 3:00pm At Home Window Gardening Sponsored by Partners In Primary Care Sign Up 6:30pm Bridge (GR)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Brain Games Sign Up (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Hangman Sign Up (GR) 1:30pm Chair Yoga (GF) 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L) 4:15pm Resident Lead Happy Hour BYOB (L) 6:00pm Disney Plus Movie/ Residents	9:30-11:30am Craft Time Sign Up (CR) 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO Sign Up (L) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Chair Volleyball (GF) 3:00pm Thirsty Thursday W/Margaritas (L) 6:30pm Joker (GR)	<ul> <li>11:00am Chair Yoga (GF)</li> <li>12:30pm Disney Plus Movie Resident Choice (T)</li> <li>1:00pm Painted Clover Painting Class Sign Up (L)</li> <li>1:00 Card Games Sign Up (GR)</li> <li>1:30pm Mindful Movement W/Anasha (GF)</li> </ul>	1:00pm Mexican Train Dominoes (GR) 1:30pm Card Games (L) 2:10 Royals vs Blue Jays (T) 5:30pm Shanghai Game (GR) 5:30pm Resident Lead Potluck Dinner Sign Up (L)
10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 2:10pm Royals vs Blue Jays (T) 4:00pm Card Games (L)	9:30am Energizing Yoga W/Anasha (GF) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Coffee/Cocca & Current Events Sign Up (CR) 11:00am Shopping at Walmart Sign Up 11:00am Rock 'n Band W/Anasha (GF) 1:30pm Pilates Fusion W/Anasha (GF) 2:15pm Walk Across America Activity w/ Anasha & Kathy Meet in Lounge 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L)	10:00am Trivia Tuesday w/prizes Sign Up (CR) 10:00am Town Hall Meeting 1 <sup>st</sup> FI Residents (L) 11:00am Bodyweight Balance & Core W/Anasha (GF) 1:00pm ToWn Hall Meeting 2 <sup>nd</sup> FI Residents (L) 1:30pm Senior Strong W/Anasha (GF) 2:30pm Rosary (T) 2:00pm Town Hall Meeting 3 <sup>rd</sup> FI Residents (L) 3:00pm Chat and Chew (L) 3:00pm Volleyball (GF) 6:30pm Bridge (GR)	21 Wacky Wednesday/ Wear your favorite sweats 9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Brain Games Sign Up (GR) 11:00am Chair Cardio kickboxing W/Anasha (GF) 1:00pm Welstone Surprise Bus Ride Sign Up 1:30pm Chair Yoaa (GF)	9:30-11:30am Craft Time Sign Up (CR) 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 11:00am HUR Fitness WiAnasha (FC) 12:30pm BINGO Sign Up (L) 1:30am Bodyweight Balance & Core WiAnasha (GF) 2:30pm Rosary (T) 3:00pm Lakeview Village presentation on Mindfulness Sign Up (L) 3:00pm Chair Volleyball (GF) 6:30pm Joker (GR) 7:00pm Movie Night Resident Choice (T) Earth Day	2 Name Tag Day 9:30am HUR Fitness W/Anasha (FC) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Color Me Calm/ Sign Up (CR) 11:00am Chair Yoga (GF) 12:30pm Disney Plus Movie Resident Choice (T) 1:00 Card Games Sign Up (GR) 1:30pm Mindful Movement W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Wine Time & Mix & Mingle Sponsored by Lakeview Village (L) 6:30pm Game Night (L)	3 1:00pm Mexican Train Dominoes (GR) 1:10pm Royals vs Tigers (T) 1:30pm Card Games (L) 5:30pm Shanghai Game (GR)
10:30am Church Services with Reverend Dr. Hylton M. Turner (T) 1:10pm Royals vs Tigers (T) 4:00pm Card Games (L)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Coffee/Cocoa & Current Events Sign Up (CR) 11:00am Shopping at Trader Joe's Sign Up 11:00am Rock 'n Band W/Anasha (GF) 1:30pm Pilates Fusion W/Anasha (GF) 2:15pm Walk Across America Activity w/ Anasha & Kathy Meet in Lounge 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L) 3:00pm Hallmark Channel Resident Choice (T)	10:00am Trivia Tuesday w/prizes <b>Sign Up</b> (CR) 11:00am Bodyweight Balance & Core <b>W/Anasha</b> (GF) 1:00pm UNO <b>Sign Up</b> (GR) 1:30pm Senior Strong <b>W/Anasha</b> (GF) 2:30pm Rosary (T) 3:00pm Volleyball (GF) 3:00pm Fred Hartman Travelogue <b>Sign Up</b>	wear your favorite denim attire 9:30am HUR Fitness W/Anasha (WC) 9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Brain Games Sign Up (GR) 11:00pm Hangman Sign Up (GR) 1:30pm Chair Yoga (GF) 2:30pm Rosary (T) 3:00pm BINGO Sign Up (L)	9:30-11:30am Craft Time Sign Up (CR) 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Spring Cleaning for Southminster Presbyterian Church Sign Up 11:00am HUR Fitness W/Anasha (FC) 12:30pm BINGO Sign Up (L) 1:30am Bodyweight Balance & Core W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Chair Volleyball (GF) 3:00pm Thirsty Thursday W/Margaritas (L) 6:30pm Joker (GR)	9:30am Hallway Exercise 1 <sup>st</sup> FL South 10:00am Hallway Exercise 2 <sup>nd</sup> FL North 10:00am Color Me Calm/ Sign Up (CR) 11:00am Chair Yoga (GF) 12:30pm Netflix Movie Worn Stories Sign Up (T) 1:00 Card Games Sign Up (GR) 1:30pm Mindful Movement W/Anasha (GF) 2:30pm Rosary (T) 3:00pm Wine Time & Mix Mingle/Welstone Prom (L) (Cocktail Attire optional) formal Diner to follow in dining room	Craft Room = (CR) Lounge = (L) Game Room = (GR) Theatre = (T) Library South = (LS) Ground Floor = (GF) Fit Camp (FC) Sign Up Required