

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2021

Birthdays (Employees\*) JUDITH LYNN 14 POLLY McCOLLAM 16TH RUTH SUTTON 17TH DENNIS KEMPF 18TH  
JANE CARPENTER 24TH LOREN GRIFFITH 24TH RICHARD SCOTT 29TH \*REINHARD OMMANI 31ST



**3**  
Rev. Hylton M Turner is inviting you to Virtual Services Sundays at 10:30am <https://us02web.zoom.us/j/9860803657>  
Meeting ID: 986 080 3657  
Password: 8HmVcR  
12:00pm Chiefs vs Chargers CBS (T)

**4**  
9:30am Energizing Yoga W/Anasha (GF)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Coffee/Cocoa & Current Events Sign Up (CR)  
11:00am Rock 'n Band W/Anasha (GF)  
1:30pm Pilates Fusion W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
3:00pm Hallmark Channel Resident Choice Sign Up (T)  
6:30pm Game Night Sign Up (GR)

**5**  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Trivia Tuesday w/prizes Sign Up (CR)  
11:00am Bodyweight Balance & Core W/Anasha (GF)  
1:00pm UNO Sign Up (GR)  
1:30pm Senior Strong W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm Chat and Chew  
3:00pm Volleyball (GF)  
6:30pm Bridge (GR)  
6:30pm Mexican Train Dominoes (CR)

**6**  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Brain Games Sign Up (GR)  
11:00am Chair Cardio kickboxing W/Anasha (GF)  
1:00pm Hangman Sign Up (GR)  
1:30pm Chair Yoga (GF)  
1:30am Resident Led Book Club (LS)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
6:00pm Disney Plus Movie/ Residents Choice (T)  
6:30pm Game Night (GR)

**7**  
9:30am Hallway Exercise 1st FL South  
9:30-11:30am Craft Time Sign Up (CR)  
10:00am Hallway Exercise 2nd FL North  
11:00am HUR Fitness W/Anasha (WC)  
12:30pm BINGO Sign Up (L)  
1:30am Bodyweight Balance & Core W/Anasha (GF)  
2:30pm Rosary (T)  
2:00pm Beer Pong Sign UP (L)  
3:00pm Chair Volleyball (GF)  
6:30pm Joker (GR)  
7:00pm Movie Night Resident Choice (T)

**8**  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Color Me Calm/ Sign Up (CR)  
11:00am Chair Yoga W/Anasha (GF)  
12:30pm Netflix Movie Ma Rainey's Black Bottom Sign Up (T)  
1:00 Card Games Sign Up (GR)  
1:30pm Mindful Movement W/Anasha (GF)  
3:00pm Wine Time & January Birthdays  
2:30pm Rosary (T)  
6:30pm Game Night (L)

**9**  
1:00pm Mexican Train Dominoes (GR)  
1:30pm Card Games (L)  
5:30pm Shanghai Game (GR)

**10**  
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**11**  
9:30am Energizing Yoga W/Anasha (GF)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Coffee/Cocoa & Current Events Sign Up (CR)  
11:00am Rock 'n Band W/Anasha (GF)  
1:00pm Resident Activity Meeting (L)  
1:30pm Pilates Fusion W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
3:00pm Hallmark Movie Resident Choice Sign Up (T)  
6:30pm Game Night Sign Up (GR)

**12**  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Trivia Tuesday w/prizes Sign Up (CR)  
11:00am Bodyweight Balance & Core W/Anasha (GF)  
12:30pm Netflix Movie Midnight Sky Sign Up (T)  
1:00pm UNO Sign Up (GR)  
1:30pm Senior Strong W/Anasha (GF)  
2:30pm Rosary (T)  
2:30pm The Price Is Right Game W/ Prizes Sign Up (L)  
3:00pm Volleyball (GF)  
6:30pm Bridge (GR)  
6:30pm Mexican Train Dominoes (CR)

**13**  
Wacky Wednesday/Wear Animal Print Attire  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Brain Games Sign Up (GR)  
10:00am-12:00pm Binge BINGO Sign Up (L)  
11:00am Chair Cardio kickboxing W/Anasha (GF)  
1:00pm Hangman Sign Up (GR)  
1:30pm Chair Yoga (GF)  
2:30pm Rosary (T)  
2:00pm-4:00pm Binge BINGO Sign Up (L)  
6:00pm Disney Plus Movie/ Residents Choice (T)  
6:30pm Game Night (GR)

**14**  
9:30am Hallway Exercise 1st FL South  
9:30-11:30am Craft Time Sign Up (CR)  
10:00am Hallway Exercise 2nd FL North  
11:00am HUR Fitness W/Anasha (WC)  
12:30pm BINGO Sign Up (L)  
1:30am Bodyweight Balance & Core W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm Thirsty Thursday W/Margaritas  
3:00pm Chair Volleyball (GF)  
6:30pm Joker (GR)  
7:00pm Movie Night Resident Choice (T)

**15**  
Name Tag Day  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Color Me Calm/ Sign Up (CR)  
11:00am Chair Yoga W/Anasha (GF)  
12:30pm Disney Plus Movie Mary Poppins Returns Sign Up (T)  
1:00 Card Games Sign Up (GR)  
1:30pm Mindful Movement W/Anasha (GF)  
3:00pm Wine Time Sponsored by Always There Healthcare  
2:30pm Rosary (T)  
6:30pm Game Night (L)

**16**  
1:00pm Mexican Train Dominoes (GR)  
1:30pm Card Games (L)  
5:30pm Shanghai Game (GR)

**17**  
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**18**  
9:30am Energizing Yoga W/Anasha (GF)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Coffee/Cocoa & Current Events/Celebrate Martin Luther King Day Sign Up (CR)  
11:00am Rock 'n Band W/Anasha (GF)  
1:30pm Pilates Fusion W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
3:00pm Hallmark Channel Resident Choice Sign Up (T)  
6:30pm Game Night Sign Up (GR)  
Martin Luther King Day

**19**  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Trivia Tuesday w/prizes Sign Up (CR)  
10:00am Town Hall Meeting 1st Fl Residents (L)  
11:00am Bodyweight Balance & Core W/Anasha (GF)  
12:30pm UNO Sign Up (GR)  
1:00pm Town Hall Meeting 2nd Fl Residents (L)  
1:30pm Senior Strong W/Anasha (GF)  
2:30pm Rosary (T)  
2:00pm Town Hall Meeting 3rd Fl Residents (L)  
3:00pm Chat and Chew  
3:00pm Volleyball (GF)  
6:30pm Bridge (GR)  
6:30pm Mexican Train Dominoes (CR)

**20**  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Brain Games Sign Up (GR)  
11:00am Chair Cardio kickboxing W/Anasha (GF)  
1:00pm Hangman Sign Up (GR)  
1:30pm Chair Yoga (GF)  
1:30am Resident Led Book Club (LS)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
6:00pm Disney Plus Movie/ Residents Choice (T)  
6:30pm Game Night (GR)

**21**  
9:30am Hallway Exercise 1st FL South  
9:30-11:30am Craft Time Sign Up (CR)  
10:00am Hallway Exercise 2nd FL North  
11:00am HUR Fitness W/Anasha (WC)  
12:30pm BINGO Sign Up (L)  
1:30am Bodyweight Balance & Core W/Anasha (GF)  
2:30pm Rosary (T)  
2:00pm Beer Pong Sign UP (L)  
3:00pm Chair Volleyball (GF)  
6:30pm Joker (GR)  
7:00pm Movie Night Resident Choice (T)

**22**  
Find Me Friday Activity/Scavenger Hunt  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Color Me Calm/ Sign Up (CR)  
11:00am Chair Yoga W/Anasha (GF)  
12:30pm Netflix Movie Double Dad Sign Up (T)  
1:00 Card Games Sign Up (GR)  
1:30pm Mindful Movement W/Anasha (GF)  
3:00pm Wine Time sponsored by Lakeview Village  
2:30pm Rosary (T)  
6:30pm Game Night (L)

**23**  
1:00pm Mexican Train Dominoes (GR)  
1:30pm Card Games (L)  
5:30pm Shanghai Game (GR)

**24**  
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Activity Professionals Week

**25**  
9:30am Energizing Yoga W/Anasha (GF)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Coffee/Cocoa & Current Events Sign Up (CR)  
11:00am Rock 'n Band W/Anasha (GF)  
1:30pm Pilates Fusion W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
3:00pm Hallmark Channel Resident Choice Sign Up (T)  
6:30pm Game Night Sign Up (GR)

**26**  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Trivia Tuesday w/prizes Sign Up (CR)  
11:00am Bodyweight Balance & Core W/Anasha (GF)  
1:00pm UNO Sign Up (GR)  
1:30pm Senior Strong W/Anasha (GF)  
2:30pm Rosary (T)  
2:30pm Laugh & Learn Activity Sign Up (L)  
3:00pm Deer Pong Talking Deer Game Sign Up (L)  
3:00pm Netflix Movie Ma Rainey's Black Bottom Sign Up (T)  
3:00pm Volleyball (GF)  
6:30pm Bridge (GR)  
6:30pm Mexican Train Dominoes (CR)  
Australia Day (observed)

**27**  
Wacky Wednesday/Wear Tacky Attire  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Brain Games Sign Up (GR)  
11:00am Chair Cardio kickboxing W/Anasha (GF)  
1:00pm Hangman Sign Up (GR)  
1:30pm Chair Yoga (GF)  
2:30pm Rosary (T)  
3:00pm BINGO Sign Up (L)  
6:00pm Disney Plus Movie/ Residents Choice (T)  
6:30pm Game Night (GR)

**28**  
9:30am Hallway Exercise 1st FL South  
9:30-11:30am Craft Time/ Resident Art Show Sign Up (CR)  
10:00am Hallway Exercise 2nd FL North  
11:00am HUR Fitness W/Anasha (WC)  
12:30pm BINGO Sign Up (L)  
1:30am Bodyweight Balance & Core W/Anasha (GF)  
2:30pm Rosary (T)  
3:00pm Thirsty Thursday W/Margaritas  
3:00pm Chair Volleyball (GF)  
6:30pm Joker (GR)  
7:00pm Movie Night Resident Choice (T)

**29**  
9:30am HUR Fitness W/Anasha (WC)  
9:30am Hallway Exercise 1st FL South  
10:00am Hallway Exercise 2nd FL North  
10:00am Color Me Calm/ Sign Up (CR)  
11:00am Chair Yoga W/Anasha (GF)  
12:30pm Netflix Movie A Life of Speed: The Juan Manuel Fangio Story Sign Up (T)  
1:00 Card Games Sign Up (GR)  
1:30pm Mindful Movement W/Anasha (GF)  
3:00pm Wine Time sponsored by Lakeview Village  
2:30pm Rosary (T)  
6:30pm Game Night (L)

**30**  
1:00pm Mexican Train Dominoes (GR)  
1:30pm Card Games (L)  
5:30pm Shanghai Game (GR)

**31**  
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Craft Room = (CR) Lounge = (L) Game Room = (GR) Theatre = (T) Library South = (LS)  
Ground Floor = (GF) = Fit Camp = (FC) = Sign UP Required  
Resident Led = Fitness Classes W/Anasha

The Community reserves the right to modify the contents of this activity calendar at any time without notice.